



What's on at The ClementJames Centre? October 2022

What's On: Wellbeing

Wellbeing Clinic Ear Acupuncture is back!



NADA-qualified ear acupuncture practitioner, Ray Rose Raymond, provides a peaceful, supportive and safe environment for all at the weekly clinic, offering relaxation, relief and wellbeing support.

When?

Every Tuesday from 2:30 pm until 5:30 pm (last entry 5 pm).

Sessions cost £2 each.

Book through the link below!

Creative Connections Day: 'Looking Forward'

Come together to engage in creative practice, exploring the theme 'Looking Forward'. A great opportunity to reflect on where we are at, how far we have come, and to set hopes and intentions for the future.



When?

Wednesday 19th October, 9:30 am until 1:30 pm, with lunch provided.

To sign up, email

wellbeing@clementjames.org, give us a call or follow the link below!

Weekly Groups

Wellbeing Group - Every Wednesday, 12 - 1 pm

An informal space to connect with new people, with a focus on your wellbeing.

Conversation Group - Every Thursday, 12 - 1 pm

An informal and fun environment for those who wish to practice their spoken English whilst getting the chance to meet new people.

Gardening Group - Second Tuesday of the month (11th), 11 - 1 pm

To sign up for these groups, please email wellbeing@clementjames.org.

What's On: Advice

ICT Drop-in - Wednesdays, 2 - 4 pm

Come along & use the computers independently. **Email reception@clementjames.org to find out more.**

Life in the UK Revision Group - Every Friday, 10 - 11 am, virtually on zoom

Email advice@clementjames.org to sign up.

What's On: Adult Learning

The new Autumn term has started!

Classes are underway and there's still space to enrol on an ICT course to boost your confidence with computers. **Give us a call or email reception@clementjames.org with your name, number and ICT interest, and someone from our team will be in touch!**

What's On: Employment Support

Employment 1-2-1s - Unemployed? In insecure work? Unsure about how you can find the work you're looking for? Start something new with our Employment team, who provide personalised, 1-2-1 sessions to help you build skills and find work opportunities. **Give us a call or email employment@clementjames.org to book an appointment.**

Employment Fair! - We'll be at W11's Employment and Training Fair on Thursday 13th October, offering 1-2-1 interview practice. Come along to meet employers with live vacancies! **Find out more at the link below.**

Contact Details for Appointments

Employment Support:

employment@clementjames.org

Literacy & Numeracy 1 to 1 Support:

lit-num@clementjames.org

Advice & Guidance:

advice@clementjames.org

Centre-wide numbers:

020 7221 8810

Keep in contact :



Twitter

[@ClementJames](https://twitter.com/ClementJames)



Facebook

[@theclementjamescentre](https://www.facebook.com/theclementjamescentre)



Instagram

[@theclementjamescentre](https://www.instagram.com/theclementjamescentre)



Phone

020 7221 8810



Email

reception@clementjames.org



Visit us:



95 Sirdar Road, London, W11 4EQ