



Services Open Over the Festive Period 2021

The ClementJames Centre will be closed from Saturday 18th December 2021 and will reopen on Tuesday 4th January 2022. Please see below for a list of alternative services open during this closure period.

Citizens Advice Bureau - Advice Service

Offers advice around housing, benefits, debt and money, and law and rights.

Advice line: 0808 278 7982

Open until 1pm on Christmas eve and reopens on 4th January at 10am.

Shelter - Urgent Housing Helpline

Housing support including case workers and legal representation.

Contact: 0808 800 4444

This line will be open throughout the festive period, including on Christmas day.

The Samaritans - Support and Listening Service

Open 24 hours a day, 365 days a year.

Contact: If you need an immediate response, the best number to call on is **116 123**

This number is TOLL FREE.

Give Us A Shout - Free, Confidential, Text-Based Crisis Service

Can provide support with suicidal thoughts, abuse or assault, self-harm, bullying, and relationship challenges.

Contact: Text SHOUT to 85258

Free on major networks and open 365 days a year.

Adult Community Mental Health Services:

Single Point of Access (SPA)

Provides a first point of contact for people wishing to access adult community mental health services in Brent, Harrow, Hillingdon, Kensington & Chelsea and Westminster.

Contact: 0800 0234 65

Grenfell Health and Wellbeing Service

Provides a range of psychological therapies and support to help you feel better if you're feeling traumatised, down, stressed, or have been bereaved. The easiest way to access the service is to self-refer.

Contact: 020 8637 6279

Urgent Line: 0800 0234 650

Food Banks

For More Information visit - <https://www.trusselltrust.org/>

The nearest food bank to The ClementJames Centre is at:

The Notting Hill Methodist Church - 020 7229 7728

Open Tuesdays 11am – 1pm and Fridays 1pm – 3pm.

The Kensington and Chelsea Foodbank - 020 3728 9003

National Debtline

Helps you take the first steps on your debt-free journey. Free debt advice is available at the following times: Monday to Friday 9am - 8pm and Saturday 9:30am - 1pm.

Contact: 0808 808 4000

Community Living Well Service

Community Living Well offers a range of services to support social wellbeing and physical and mental health needs. Community Living Well is for people registered with a GP in Kensington and Chelsea or Queen's Park and Paddington. The easiest way to access the service is through the self-referral form or by speaking to your GP.

Contact: 020 3317 4200 / cnw-tr.clw@nhs.net

Follow [this link](#) for the self-referral form.

Victim Support

Support for people who have been affected by crime.

Contact: 08 08 16 89 111

The support line is open 24 hours a day, 365 days a year.

The Mix - Under 25s Support

Helping under 25s take on any challenge they are facing - from mental health to money, from homelessness to finding a job, from break-ups to drugs. Talk to The Mix via their online community, on social media, through their free, confidential helpline, or through their counselling service.

Contact: 0808 808 4994 / <https://www.themix.org.uk/>