

What's on at The ClementJames Centre?



October 2021



Weekly Enrolment

The Adult Learning term has started but there is still time to enrol! If you or someone you know is interested in enrolling in Maths, English or ICT classes, registration will take place every Tuesday between 1 and 4:30 pm.

Address: 95 Sirdar Road,
W11 4EQ



Employment Support

Our Employment programme supports people looking for work on a one-to-one basis. If you're looking for help finding a job, need some advice on writing a CV or job applications or some practice with interview techniques, please contact employment@clementjames.org



The Wellbeing Clinic

The Wellbeing Clinic is back! Come to the clinic and experience the benefits of ear acupuncture with our NADA-qualified acupuncturist, Ray Rose. Ear acupuncture can be used for stress and anxiety relief, relaxation and has been shown in studies to treat lots of other health conditions. Sign up for the clinic with the link below.

**Tuesdays between 2:30 and 5:30 pm from
28th September 2021**


Public Speaking

The Employment team are running a six-week mentoring programme to develop and hone public speaking skills. Build confidence, set goals, get feedback, ask questions and improve your skills.

Find out more at the mentee session on **20th October at 12 pm.**

Email mentoring@clementjames.org with any questions!

Reading Group



Our Reading Group meets every **Wednesday at 12 pm** to share in the joy of books, poems, and stories. You are welcome to come to read aloud, join in the conversation or simply to relax with some reading. Interested in joining or trying it out?

Email wellbeing@clementjames.org

Regular Groups

Conversation Group - Thursdays 12 - 1 pm
Email wellbeing@clementjames.org to sign up

Reading Group - Wednesdays 12 - 1 pm
Email wellbeing@clementjames.org to sign up

Life in the UK - Fridays 10 - 11 am
Email advice@clementjames.org to sign up

Employment Drop-in - Tuesdays 12 - 1 pm
Email employment@clementjames.org to sign up

Contact Details for Appointments

Employment Support:

employment@clementjames.org

Literacy & Numeracy 1 to 1 Support:

lit-num@clementjames.org

Advice & Guidance:

advice@clementjames.org

Centre-wide numbers:

07849 522 259 / 020 7221 8810