

Wellbeing & Emotional Support



Contact Hannah on:

020 7221 8810

hannahs@clementjames.org

Art Therapy sessions

Every Thursday
3.45 - 5pm

In the Garden Studio
All welcome

FOR PRIMARY CHILDREN (4 - 11)

Art Therapy sessions

Every Wednesday
4 - 5.30pm
All welcome

Young people's support group

Every month on the following Tuesdays
27th Feb and 27th Mar, 5.15-7.15pm

Activities and reflection group with
Winston's Wish and Child Bereavement
UK

ClementJames Creates

23rd Feb, 2nd Mar, 16th Mar and 20th
Mar 4.30 - 6pm

Activities and workshops based around
graffiti, music and performance

Limited places, sign-up today

FOR YOUNG PEOPLE (11- 18)

Wellbeing Clinic

Every Tuesday, 2.30 - 5.30pm
Ear acupuncture, mindfulness and
meditation
£1 per session

Support sessions for parents
of children and young people impacted
by the fire at Grenfell Tower

Tuesdays 20th Feb, 13th Mar
& 20th Mar 3 - 5pm

Discuss any concerns you may have
about how your child has been affected
and to consider your own and your
child's current and ongoing support
needs.

NHS adult support service

Every Thursday and Friday 3.30 - 5pm

Speak to NHS practitioners about
support that's available after the
Grenfell Tower fire, including
counselling and CBT.

FOR ADULTS