

# What's on at The ClementJames Centre?

## July 2021

### Gardening Group

Our gardening group next meets on Tuesday 6th July! Come down to The ClementJames Centre and find out how to cultivate a garden, take home some fresh herbs and vegetables and learn some top tips from RBKC's gardening lead.

Email

[wellbeing@clementjames.org](mailto:wellbeing@clementjames.org) to sign up.

**6th July, 11 am - 1 pm**

### Garden Get Together

The CJ Get Together has had a makeover for summer! Join us in the garden to meet and chat with other local people **every Tuesday from 6th July between 3 - 4 pm.** This group will meet at the same time as the Wellbeing Clinic so feel free to come to both! There is no need to book but this group will only take place in dry weather.

### Express Yourself

Express Yourself will be taking place at The ClementJames Centre 11 am - 3 pm, Tuesday 27th to Friday 31st July. Together with partner organisations, we will be exploring the theme of 'connection' through different creative practices, such as video making, songwriting and podcast creation. Express Yourself is open to young people between the ages of 13 - 16 years. All sessions will be interactive, and those who attend every day will be entered into a raffle to win an Amazon voucher. To register you or your child's interest, please email [wellbeing@clementjames.org](mailto:wellbeing@clementjames.org).



## The Wellbeing Clinic

The ClementJames Wellbeing Clinic continues throughout the summer with a new block every Tuesday from 6th July until 3rd August. Sessions cost £2 and there is no need to book. Please note you will be required to wear a mask while inside unless exempt.



## Centre Timetable

We're launching a calendar on our website this month! The new Centre Timetable shows Adult Learning courses, social groups, drop-ins and more across the centre. Find it on our website. A link will be provided at the bottom of the newsletter.

## Regular Groups

Conversation Group (Online via Zoom) - Thursdays 12 - 1 pm

Email [lit-num@clementjames.org](mailto:lit-num@clementjames.org) to sign up

Reading Group (Zoom) - Wednesdays 12 - 1 pm

Email [wellbeing@clementjames.org](mailto:wellbeing@clementjames.org) to sign up

Life in the UK (Zoom) - Fridays 10 - 11 am

Email [advice@clementjames.org](mailto:advice@clementjames.org) to sign up

Employment Drop-in (Zoom) - Tuesdays 12 - 1 pm

Email [employment@clementjames.org](mailto:employment@clementjames.org) to sign up

## Contact Details for Appointments

### Employment Support:

[employment@clementjames.org](mailto:employment@clementjames.org)

### Literacy & Numeracy 1 to 1 Support:

[lit-num@clementjames.org](mailto:lit-num@clementjames.org)

### Advice & Guidance:

[advice@clementjames.org](mailto:advice@clementjames.org)

### Centre-wide numbers:

07849 522 259 / 020 7221 8810