

What's on at The ClementJames Centre?

 June 2021 

Nutrition & Gardening

It's summer and we're back in the garden! Our Nutrition and Gardening course is back, running over 4 weeks, starting 8th June. If you want to explore aspects of a balanced diet and growing your own plants, this is the course for you!

Spaces are limited - email wellbeing@clementjames.org to sign up.

This Is Me: Connection

This Is Me: Connection is open! Our annual exhibition has received amazing submissions around the theme 'Connection' from ClementJames and beyond. View the exhibition here: www.clementjames.org/this-is-me-connection-exhibition (link provided at the bottom)

Wellbeing Clinic

We're very pleased to be able to offer the wellbeing clinic as a takeaway ear acupuncture service. The clinic will offer takeaway ear acupuncture in a peaceful, supportive, Covid-friendly environment with our NADA qualified ear acupuncture practitioner, Ray Rose. When attending the clinic, takeaway needles will be inserted and you will be required to leave the clinic space. Sessions cost £2. This clinic block runs every Tuesday until 29th June between 2:30 and 5:30 pm. This will be a drop-in and there is no need to book.



Interview Skills Day

Our next Interview Skills Day is in partnership with Johnson & Johnson. Work one-to-one with a volunteer to learn top interview tips and techniques and build confidence in the interview process on Zoom. Thursday 1st July (10 am or 2 pm). Email employment@clementjames.org!

EU Settlement Scheme

The deadline for the EU Settlement Scheme is this month, 30th June 2021. Many who should apply do not know they need to. Go to <https://www.gov.uk/settled-status-eu-citizens-families> to find out if this applies to you. A link to this website will be provided at the bottom of this newsletter.

Regular Groups

Conversation Group (Online via Zoom) - Thursdays 12 - 1 pm
Email lit-num@clementjames.org to sign up

Reading Group (Zoom) - Wednesdays 12 - 1 pm
Email wellbeing@clementjames.org to sign up

Life in the UK (Zoom) - Fridays 10 - 11 am
Email advice@clementjames.org to sign up

Employment Drop-in (Zoom) - Tuesdays 12 - 1 pm
Email employment@clementjames.org to sign up

Contact Details for Appointments

Employment Support:

employment@clementjames.org

Literacy & Numeracy 1 to 1 Support:

lit-num@clementjames.org

Advice & Guidance:

advice@clementjames.org

Centre-wide numbers:

07849 522 259 / 020 7221 8810