

What's on at The ClementJames Centre? December 2020



Closure Period

The ClementJames Centre will be closed from Saturday 19th December and will reopen in the New Year on Thursday 7th January. We're wishing all our clients a very restful holiday season and a happy new year.

Employment Drop-in

Do you need someone to briefly look over your CV? Need one-off advice about employment, furlough, or looking for a job? The Employment Drop-in is back! Every Tuesday 12 - 1 pm (via Zoom)

Email employment@clementjames.org



Adult Learning Registrations

New classes for the New Year! We're registering for classes in the week starting 14th December for courses in maths, English, and ICT. Learn, practice and improve your speaking, numeracy, and digital skills from beginner levels to level 2. Classes start 11th January.

Email adultlearning@clementjames.org or call 07857969806 to register and find out more.



Wellbeing

Many find this season stressful, and with the added pressures of Covid, it's important to take care of yourself. Our wellbeing team has put together a wellbeing pack, available on our website to assist through stressful or busy periods.

Our wellbeing clinic coordinator, Ray Rose, has also put together video and audio presentations for peace and calmness, also available on our website. Both are linked at the end of this newsletter.

Regular Groups

Speaking Group (Online via Zoom) - Thursdays 12 - 1 pm

*Last group before closure: 17th December; will not run 10th December

Reading Group (Over the phone) individual appointment -
email lit-num@clementjames.org for more information

Life in the UK (Online via Zoom) - Fridays 10 - 11 am

*Last group before Christmas: 4th December

Sign up by emailing advice@clementjames.org

Contact Details for Appointments

Employment Support:

employment@clementjames.org

Literacy & Numeracy 1:1 Support:

lit-num@clementjames.org

Advice & Guidance:

advice@clementjames.org

020 7221 8810

Services Open During the Festive Period

We've compiled a list of services open during the festive period. A list with links to further information can also be found on our website, linked at the bottom of the newsletter.

Citizens Advice Bureau - Advice service

0300 330 1174

Shelter - Urgent housing helpline

0808 800 4444

Samaritans - Support service

116 123

Food Banks

Notting Hill Methodist Church

020 3728 9003

Trussell Trust free national helpline:

0808 2082138

Give Us A Shout - Text-based crisis support

It's free to text SHOUT to 85258 from major UK mobile networks.

Grenfell Health and Wellbeing Service

020 8637 6279

Out of hours line: 0800 0234 650

National Debtline - Free debt advice

0808 808 4000

NHS Single Point of Access - Mental health support service

0800 0234 650