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Monday	Tuesday	Wednesday	Thursday	Friday	
Please DO NOT visit Equal People unless you have booked an activity					
<div>Yoga For All</div> <div></div> <div>11.00</div> <div></div> <div>WhatsApp</div>	<div>Healthy Cooking</div> <div></div> <div>11.30 → 1.00</div> <div></div> <div>At Equal People Centre</div>	<div>Healthy Cooking</div> <div></div> <div>11.30 → 1.00</div> <div></div> <div>At Equal People Centre</div>	<div>Boxing</div> <div></div> <div>Arts &amp; Craft</div> <div></div> <div>At Equal People Centre</div>	<div>Yoga For All</div> <div></div> <div>11.00</div> <div></div> <div>WhatsApp</div>	
You will Not be able to gain access to Equal People unless you have been booked for an activity					
<div>Bingo</div> <div></div> <div>2.00</div> <div></div> <div>Zoom</div>	<div>Arts &amp; Craft</div> <div></div> <div>2.00 → 3.00</div> <div></div> <div>Zoom</div>	<div>Sport for Confident</div> <div></div> <div>3.00 → 4.00</div> <div></div> <div>Zoom</div>	<div>Music Group</div> <div></div> <div>3.00 → 4.00</div> <div></div> <div>Zoom</div>	<div>Gardening</div> <div></div> <div>1.00 - 3.00</div> <div>At Equal People Centre</div>	<div>Zumba</div> <div></div> <div></div> <div>3.00</div> <div></div> <div>Zoom</div>
<div>Social Group</div> <div></div> <div>3.00 → 4.00</div> <div></div> <div>Zoom</div>	<div>Pre-Amici Dance Therapy</div> <div></div> <div>4.00</div> <div></div> <div>Zoom</div>	<div>1 to 1 Computer lessons</div> <div></div> <div>1 to 1 computer lesson 2.00</div> <div>At Equal People Mencap</div>	<div>Cricket</div> <div></div> <div>1.30 → 2.30</div> <div>WestWay Sport &amp; Fitness Centre 1 Crowthorne Road London W10 6RP</div>		

For enquiries please contact the office on 0208 964 0544 or email [sledgister@equalpeoplemencap.org.uk](mailto:sledgister@equalpeoplemencap.org.uk)

THE  
KENSINGTON  
CHelsea  
FOUNDATION



## Next Step Activities